



Recommended Dosage & Use Information for Natural Cellular Defense (NCD)

The following are recommended doses only. Tune into your own body and make adjustments as needed. You may want to start out with 3 drops 3x/day & increase slowly. If you are very sensitive or toxic, you can start with even less.

Maintenance dose: 3 drops 3x/day. A bottle will last a month.

Middle dose: 5 drops 3x/day. A bottle will last 20 days.

Detoxification dose: 10 drops 3x/day. A bottle will last about 10 days.

SEVERE HEALTH CHALLENGES: 15 drops 3x/day. A bottle will last a week at this dosage. NCD researcher Rik Deitsch has said that adding a 4th bedtime dose is even better. We also have reports of good results with 15 drops every 4 hours.

CHILDREN & SMALL ANIMALS: 1 or 2 drops 3 to 4 times a day, depending on body weight and condition. 3 drops 3 times a day for a 50-pound child is a good detoxification dose. Use less for maintenance. For a mid day dose for children going to school, you can put a few drops on their lunch which they take with them. This may help your children to stay healthy and have good attention and focus in school. Put the drops on the animal's food to avoid the product being wasted.

FOR SKIN ISSUES, & LUMPS ON OR UNDER THE SKIN: Put a drop on effected area & cover with a band-aid. You can pull open the top of the band-aid and add another drop 3 or 4 times a day or so to keep the area wet with NCD. Try adding a few drops to your skin lotion. Put directly on insect bites or other irritations.

EYES: Spray it on skin & into eyes, diluted with pure water in a spray bottle. It's OK to put it straight into the eye for eye and eyelid issues.

TEETH/GUMS: Users have reported relief of gum/tooth discomfort by putting drops on gums next to the problem tooth. Teething babies have been reported to find relief from the drops on their gums.

TOPICAL: People have reported relief of discomfort by massaging NCD into sore areas. When in combination with other topical products it seems to enhance effectiveness.

NCD stays in the body 5 to 7 hours. Take a dose every 6 hours or so, to have it continuously circulating in your body. In essence, you ingest a clean zeolite molecule, and excrete one that's filled with toxins. Just to be cost effective, the higher recommended dose is 10 to 15 drops 3 or 4 times a day. However Natural Cellular Defense is not toxic at higher levels and has GRAS (Generally Recognized As Safe) status from the FDA.

DRINK PLENTY OF WATER: According to Rik Deitsch: The heavy metals, which are removed from the body, carry a positive charge, which allows your body to hold more water. When you remove them from the body, you may loose water along with them, so DRINK PLENTY OF WATER. If you are on a diuretic when starting NCD please start with a very low dose and drink extra water.

The **Natural Cellular Defense** has a hierarchy of affinities. It attracts mercury, lead, cadmium, and arsenic first. Then it pulls out other toxins. If there are a lot of heavy metals and other toxins in the body, a fair amount of them may need to be cleaned up before you start to notice a big shift in the way you feel. Keep going and trust the process. Pay attention to small changes. Are you sleeping better, or dreaming more? Are you more clear minded or less stiff?

Sometimes people feel sleepy while detoxifying. Take naps if you can. If that is not possible, you might want to decrease your dosage. Others report greatly increased energy. For more guidance call your upline support team. The body does deep healing during sleep, so get 8 hours when you can.

Once the zeolite molecule absorbs a toxin, that toxin will not go back into your body tissues. This makes detoxification much easier than with other products. Also NCD does not remove beneficial minerals such as calcium, magnesium, potassium and healthy trace minerals from the body.

Due to the alkalizing effect of the NCD, there may be a die-off of harmful organisms in your body--candida, bacteria, and parasites. You may notice some detox symptoms from this. Experiment with your dosage of NCD. You can choose to detox faster or slower. It's up to you. After the initial die-off, most people feel better than ever. Ask for guidance in getting through this stage if you need it.

Contra-indications: NCD may remove supplemental lithium and chemotherapy agents cisplatin and carboplatin, which contain platinum, from the body. Consult your physician if you wish to take NCD while on lithium. You can resume taking NCD 3 days after using cisplatin and carboplatin, and 2 days after using other chemotherapies.



Natural Cellular Defense Pack

The Most Important Supplement You'll Ever Take or Share!



Helps remove heavy metals, toxins and other harmful substances from the body.*

Supports a healthy immune system.*

Can function as a broad spectrum anti-viral agent.*

Helps balance pH levels in the body.*

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